

Principles of Mentorship

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Goals:

“One day Alice came to a fork in the road and saw a Cheshire Cat in a tree. ‘Which road do I take?’ she asked. ‘Where do you want to go?’ was his response. ‘I don’t know,’ Alice answered. ‘Then,’ said the cat, ‘it doesn’t matter.’”

Lewis Carroll

Goals:

“Goals are dreams with a deadline”

Napoleon Hill

Goals:

“I always wanted to be somebody, but now I realize I should have been more specific.”

Lily Tomlin

Goals:

“We...believe that one reason so many high-school and college students have so much trouble focusing on their studies is because they don't have a goal, don't know what all this studying is leading to.”

Muriel James and Dorothy Jongeward

The DAPPS Rule

- ◉ **D**ated
- ◉ **A**chievable
- ◉ **P**ersonal
- ◉ **P**ositive
- ◉ **S**pecific

Life Plan (first draft)

MY DREAM:

MY LIFE ROLE:

MY LONG TERM GOALS IN THIS ROLE:

MY SHORT TERM GOALS IN THIS ROLE:

