



SIMPLE WAYS TO ENHANCE YOUR  
LIFE WHEN YOU HAVE LITTLE TIME

*"Time Poor -  
Life Rich"*

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DEENA BETH

RELATIONSHIP SPECIALIST

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COME ENJOY LEARNING ABOUT FINDING MORE  
BALANCE, DEVELOPING GOOD HABITS,  
CHOOSING POSITIVE THOUGHTS, AND  
FEELING MORE GENEROUS.



OCTOBER 17, 2018 • WEDNESDAY

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AT

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11 AM - 12 PM  
HOLLAND #535

**DSU** | WOMEN'S  
RESOURCE CENTER